

Sexual Behavior Problems Training: Self-Assessment Form

Attached is a self-assessment form to accompany the Sexual Behaviors Problem Training.

Once you have attended the class, and completed this Self-Assessment, you will receive 8 hour of training credit.

Please complete the information below, and then complete and return this self-assessment form to your Regional Foster Parent Training Institute Program Manager.

.....
Print Name: _____

Your mailing address: _____

City/State and Zip Code: _____

Telephone Number (including area code): _____

Please check the space that identifies your role:

☐ Licensed foster parent with DSHS. Licenser's name: _____

☐ Becoming licensed foster parent.

☐ Licensed foster parent with Private Agency: _____

☐ Community professional ☐ Unlicensed relative caregiver

☐ Staff member of agency: _____

☐ Employee/volunteer/case aid for a licensed foster home. Please list the

name and address of the foster home: _____

Washington State Department of Social and Health Services

"Working with Children Exhibiting Sexual Behavior Problems"

- Circle True or False on each question.
 - Sign the bottom of the test sheet and return to your Regional Foster Parent Trainer.
1. A history of physical or sexual abuse is a consistent predictor for sexually aggressive behavior. True or False
 2. Children who have witnessed Domestic Violence in their families often show sexually aggressive behavior. True or False
 3. Precocious sexual knowledge or activity and attempting to expose other's genitals are examples of Yellow Light Behavior. True or False
 4. Compulsive masturbation, repeated or chronic interest in pornographic materials, exposing one's self, touching of other's genitals are examples of Red Light Behavior. True or False.
 5. Red Light Behavior requires adult supervision, confrontation and possible therapeutic intervention. True or False
 6. A foster parent should be especially concerned when a child appears preoccupied with sexual themes for extended periods, often with confused or anxious affect, or if children appear secretive, anxious or confused about sexual behaviors. True or False
 7. It is not essential for foster homes to set up an environment that encourages the comfort and safety of all family members. True or False
 8. House Rules are not important in preventing Sexually Acting Out Behaviors. True or False
 9. A good way to avoid Sexual Victimization in a foster home is to avoid sharing bedrooms. True or False

10. When a child is Sexually Acting Out or Sexually Inappropriate, the following steps should be taken.,

1. Stop the behavior

2. Define the behavior

3. State the House Rule about such behavior

4. Enforce Consequences or Redirect the child to a more acceptable activity.

☒ True or ☐ False

11. A skilled foster parent is able to separate the Sexually Acting Out Behavior from the child. Children who have been abused may repeat what has happened to them. It does not mean that they are bad kids.

☒ True or ☐ False

12. It is important that the foster parent be prepared to deal with disturbing behaviors such as masturbation or sexual behavior toward animals or playing with feces.

☒ True or ☐ False

13. If a child has a history of false allegations, the "Rule of Three" should be followed.

☒ True or ☐ False

14. Placing a weak or timid child in a sleeping room with an aggressive child is okay.

☐ True or ☒ False

15. A foster parent needs to take time off from this difficult job.

☒ True or ☐ False

I have attended the classroom training, "Working with Children Exhibiting Sexual Behavior Problems" and have reviewed the Participant Guide. I understand the information and agree to implement this in my professional practice as a foster parent or other professional.

Signature

Date